

VIA Strength Combinations

One way to determine the most common strengths combinations that people might express is to look at the correlations that each character strength has with all the other character strengths. VIA created an inter-correlation matrix, which tells the degree to which character strengths are distinct vs. related to one another. Here are some of these results in looking at unpublished data of over a half-million individuals' results on the VIA 120 (VIA Survey).

Top 10 correlations:

- 1.) Hope-Zest
- 2.) Curiosity-Zest
- 3.) Fairness-Leadership
- 4.) Gratitude-Hope
- 5.) Leadership-Teamwork
- 6.) Fairness-Teamwork
- 7.) Gratitude-Zest
- 8.) Judgment-Perspective
- 9.) Gratitude-Spirituality
- 10.) Honesty-Perseverance

Highest correlation for each individual character strength:

For example, the strength that correlates highest with creativity is curiosity, while the strength that correlates highest with curiosity is zest.

Creativity - curiosity

Curiosity - zest

Judgment - perspective

Love of learning - curiosity

Perspective - judgment

Bravery - gratitude

Perseverance - honesty

Honesty - perseverance

Zest - hope

Love - gratitude

Kindness - fairness

Social intelligence - humor

Teamwork - leadership

Fairness - leadership

Leadership - fairness

Forgiveness - fairness

Humility - prudence

Prudence - judgment

Self-regulation - perseverance

Appreciation of beauty/excellence - gratitude

Hope - zest

Gratitude - hope

Humor – social intelligence

Spirituality - gratitude

High Character Strengths Combinations (from the VIA 120)

Beauty-Gratitude: .49
Bravery-Creativity: .45
Creativity-Perspective: .44
Curiosity-Zest: .66
Curiosity-Hope: .54
Curiosity-Creativity: .52
Fairness-Leadership: .65
Fairness-Teamwork: .57
Fairness-Kindness: .52
Fairness-Forgiveness: .51
Gratitude-Hope: .65
Gratitude-Kindness: .50
Gratitude-Love: .51
Gratitude-Spirituality: .55
Gratitude-Zest: .57
Honesty-Perseverance: .54
Honesty-Fairness: .42
Honesty-Kindness: .41
Honesty-Leadership: .40
Hope-Zest: .70
Humility-Prudence: .41
Humility-Fairness: .39
Humor-social intelligence: .50
Humor-Kindness: .48
Humor-Zest: .48
Kindness-Leadership: .50
Kindness-Teamwork: .53
Leadership-Teamwork: .59
Leadership-Social Intelligence: .50
Love-Zest: .47
Love of learning-Curiosity: .41
Judgment-Perspective: .55
Prudence-Judgment: .48
Prudence-Honesty: .42
Prudence-Self-regulation: .42
Self-regulation-Perseverance: .47